ALASKA DOC COMMISSARY – MEDICAL

OTC Medications (1 each in possession)

Acetaminophen (ex. Tylenol) - 500mg: 1 bottle of 25 tablets maximum.
   Uses: pain relief, fever reduction.
Calcium Supplements: 1 bottle (equivalent to 1-month supply)
Docusate Sodium (Ex. Colace) – 100mg 1 package/bottle of 30 tablets maximum
   Uses: stool softener
Fish Oil – 1 bottle (equivalent to a 3-month supply maximum)
Ibuprofen (Ex. Motrin, Advil) – 200mg: 1 package/bottle of 30 tablets maximum.
   Uses: pain relief, fever reduction, anti-inflammatory
Loratadine (Ex. Claritin): 1 package/bottle of 30 tablets maximum.
   Uses: seasonal allergy relief
Glucosamine/Chondroitin tablets: 1 package/bottle (equivalent to 1-month supply)
Hydrocortisone Cream: 1 tube or equivalent in packets.
   Uses: itchy skin, rashes.
Lactaid: 1 package/bottle (equivalent to 1-month supply)
   Uses: lactose intolerance
Vitamin C: 1 bottle (equivalent to a 3-month supply maximum)
Vitamin D - 1000 IU: 1 bottle of 100 capsules maximum
Vitamin E - 180 mg (400 IU): 1 bottle of 100 capsules maximum
Multivitamins: 1 bottle (equivalent to a 3-month supply maximum)

Omeprazole (Ex. Prilosec): 1 package of 30 tablets maximum.
   Uses: decreasing the amount of stomach acid, heartburn
Ranitidine (Ex. Zantac): 1 package/bottle of 30 tablets maximum.
   Uses: decreasing the amount of stomach acid, heartburn
Simethicone anti-gas tablets: 1 package/bottle (equivalent to 1-month supply)

Miscellaneous

Acne Soap
Ankle Support
Antacids: 1 package/bottle
Artificial Tears
Baby powder (unscented)
Band-Aids
Breath right strips
Caladryl ointment (or generic equivalent): 1 bottle
Campho Penique (or generic equivalent): 1 tube
Cetaphil (or generic equivalent) soap
Contact Solution
Contact Daily Cleaner
Cough Drops: 1 package/bottle of 30 tablets maximum.
Debrox Ear Drops: 1 bottle.
Dental Floss
Denture adhesive (Fix-a-Dent, Super Poly Grip, etc.)
Denture Cleaner (Efferdent or generic equivalent) 1 package (maximum 50)
Desenex powder (or generic equivalent): 1 bottle
Eucerin Cream (or generic equivalent): 1 tub/bottle
Foot Powder
Hearing Aid batteries
Foam Earplugs
Hearing Aid batteries
Insoles/arch supports.
Knee Brace
Lip Balm
Lubricating Eye Solution: 1 bottle
Maxi Pads (female only)
Medicated shampoo (such as T-Gel, Sulfer 8, etc.)
Metamucil (or generic fiber equivalent – tablets or powder): 1 bottle
Miconazole cream: 1 tube
Mouth guards
Mouth wash (non-alcohol)
Nail clippers
Nasal Mist spray
Neosporin (or generic equivalent): 1 tube or equivalent in packets.
Oragel (or generic equivalent): 1 tube
Panty Liners (female only)
Poise pads (female only)
Preparation H (or generic equivalent): 1 tube
Reading Glasses
Sunscreen (unscented)
Tampons (female only)
Toothpaste (Sensodyne, etc. or generic equivalent)
Toenail Clippers
Tucks (or generic equivalent)
Notes:

- Prisoners in segregation or other special management units that permit medical commissary items per institutional policy are not permitted to have Medical Commissary medications without the express permission of a healthcare provider.
- Substitutions may not be made to this list without the written approval of the HARS Anchorage Central Office.
- Medical Commissary item availability may at times, be subject to supply chain disruptions beyond the control of DOC.