



# ALASKA DOC SUPERVISOR GUIDANCE FOR COVID-19

EFFECTIVE 08/28/2020

1. Does the employee have symptoms of respiratory infection including:

A) new onset of any one of the following: feverishness, cough, or shortness of breath; OR

B) new onset of *two* or *more* of the following:

- Chills
- Diminished sense of taste or smell
- Diarrhea
- Fatigue
- Headache
- Muscle/joint aches
- Nausea/vomiting
- Runny nose
- Sore throat
- Sputum (phlegm) production)

- If answer is **NO** – Proceed to Question 2
- If answer is **YES** – Employee will be sent home.
  - Provide the employee with a cloth face mask.
  - Recommend the employee contact a local testing center for COVID-19 testing.
  - Let the employee know that they may not return to work until **NEGATIVE** test results are received and the isolation return to work criteria are met.
  - If the criteria are met, the employee does not need a doctor's note/release to return to work.
  - If the test is **POSITIVE**, the employee will be allowed to return to work in accordance with guidance provided to the individual by public health staff.

**NOTE:** *If an employee becomes sick with any of the symptoms listed in #1 above at any time, the employee shall be sent home immediately. Surfaces in their workspace shall be cleaned and disinfected and a list of persons who had close contact with the ill employee during the time the employee had symptoms and two days prior to symptoms shall be compiled.*

2. Within the past 14 days has the employee been in close contact with any of the following:

- Someone who has been identified as a close contact and is awaiting test results;
  - If so, the employee may come to work but must leave work immediately if the other person becomes symptomatic or receives positive test results
- Someone who has symptoms and is awaiting test results;
  - If so, the employee may not come to work until the other person's test comes back negative
- Someone who is asymptomatic but has been tested for COVID (travel related, personal choice, etc).
  - Yes, the employee may come to work.
- Someone who has tested positive for COVID-19?
  - If so, the employee may not come back to work until completing a 14-day quarantine beginning at the time of the last possible exposure. NOTE: The CDC recommends testing around day seven from the last possible exposure, sooner if symptoms develop.
- If answer is **NO CLOSE CONTACTS**– Employee may come to work.

3. Within the past 14 days has the employee traveled outside Alaska?

- If answer is **NO** – Employee may come to work
- If answer is **YES** and the employee has taken a COVID test upon return to Alaska with negative results OR has taken a test within 72 hours of return with negative results, the employee may come to work. While on the work site—including while on breaks, while awaiting entry point screening, or while on solitary posts—the employee must wear a mask, practice social distancing whenever possible, wash hands frequently and clean items and work area on an end-of-use basis for 14 days after returning to Alaska.
  - If the employee becomes sick with any of the symptoms listed above, the employee shall be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. A list of persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled.
- If the answer is **YES** and the employee either has not taken a COVID test OR has taken a COVID test but does not have the test results, the employee may not return to work.

**NOTE: If answer is YES to #2 or #3 and the employee does not have symptoms as outlined in #1 above and staffing levels are critical, contact your Division Director for guidance.**

4. Has the employee been tested for COVID-19 in the last 10 days? If the answer is yes, the employee may not return to work unless:

- The employee was tested as a close contact and has completed a 14-day quarantine, OR
- The employee was symptomatic and meets the return to work criteria for isolation, OR
- The employee was tested as part of an asymptomatic broad-based screening during a contact investigation AND he or she remains asymptomatic, OR
  - The employee has tested positive AND he or she has been cleared in accordance with guidance provided to the individual by public health staff.

### RETURN TO WORK CRITERIA

#### FOR EMPLOYEES ON **ISOLATION** DUE TO SYMPTOMS or POSITIVE COVID TEST

- 1) at least 10 days have passed since symptoms first appeared (or date test performed if no symptoms); AND
- 2) at least one day (24 hours) have passed since resolution of fever without the use of fever-reducing medication; AND
- 3) improvement in cough and shortness of breath (if part of illness).

*NOTE: The same criteria apply if a COVID-19 test comes back negative or if the employee was symptomatic but did not get tested for COVID-19.*

### RETURN TO WORK CRITERIA

#### FOR EMPLOYEES ON **CONTACT QUARANTINE**

- 1) at least 14 days have passed since the last possible contact with a person with lab-confirmed COVID; AND
- 2) no symptoms have developed AND
- 3) negative results have been received, if testing occurred (CDC recommends testing around day 7 of quarantine for all close contacts)

*NOTE: Quarantine is a minimum of 14 days even when test results are negative.*